

November 21, 2003

## Child Nutritional Status during Economic Growth\*

Eric V. Edmonds  
Dartmouth and NBER

<http://www.dartmouth.edu/~eedmonds>

**Abstract:** This study develops an analytical framework to separate changes in measures of household well-being associated with growth into factors internal and external to the household's environment. This decomposition methodology is used to analyze the effect of economic growth on child nutritional status during Vietnam's economic boom in the 1990s. Improvements in living standards can explain 60 percent of the improvement in child nutritional status as measured by height for age z-scores in the population and 74 percent of the improvement in households below the poverty line. In wealthier household, community attributes appear relatively more important than improvements in household economic status in explaining improvements in child height. The findings of this study are consistent with a model where improvements in food intake associated with rising economic status affect large nutritional gains for children. Once food intake is sufficient, environmental factors become a relatively more important determinant of the nutritional status of children.

**JEL Codes:** I12, I31, J13

**Keywords:** Malnutrition, Stunting, Health Production Functions, Measurement of Well-Being, Investments in Children, Blinder-Oaxaca Decomposition

---

\* I am grateful to Andrew Bernard, Debopam Bhattacharya, Douglas L. Miller, Nina Pavcnik, Alessandro Tarozzi, and seminar participants at Dartmouth and NEUDC for comments and discussion. Correspondence to [eedmonds@dartmouth.edu](mailto:eedmonds@dartmouth.edu) or 6106 Rockefeller Hall, Hanover NH 03755 USA.

## **1. Introduction**

This study considers the relationship between improvements in household economic status during economic growth and child nutritional status. Malnutrition is widely perceived as one of the most significant problems in low income countries and its amelioration sits at the top of the Millennium Development Goals. Dasgupta (1997) argues that poor child nutrition is responsible for persistent poverty traps, and Case, Lubotsky, and Paxson (2002) find evidence of this hypothesis in U.S. data. In addition, there is convincing evidence in the developing country context of an effect of nutritional status on school attendance (Kremer and Miguel 2001), school performance (Glewwe, Jacoby, and King 2003), and adult wages (Strauss and Thomas 1997). Thus, the question of whether child nutritional status will improve with household economic status is an important question for policy. The link between economic status and child nutrition has implications for the measurement of individual well-being (e.g. Case and Deaton 2003) and for whether non-financial measures of well-being need to be targeted as a separate determinant of policy during economic growth (Anand and Ravallion 1993).

Faith in the existence of an income gradient in child nutritional status is widespread. Cross-country comparisons are broadly consistent with the belief that improvements in living standards lead to improvements in health and nutrition (Pritchett and Summers 1996, Smith and Haddad 2002). However, the microeconomic evidence on the relationship between child nutritional status and living standards is not as compelling as one might expect. First, most of the research focuses on the relationship between economic status and nutrient intake rather than nutritional status (Strauss and Thomas 1995). Nutritional intake is one of many inputs that contribute to nutritional status, but the correspondence between the two is affected by aspects of the child's health and environment. Second, the research that focuses on the relationship between improvements in economic status and child nutritional status is decidedly mixed in its conclusions (Deaton 2003). Most of the published literature finds a small, positive correlation

between improvements in economic status and child height although estimates are not large enough in magnitude (generally) to explain the changes in child nutritional status that have occurred in many growing economies in recent history (Haddad et al 2003).<sup>1</sup> Third, a number of studies emphasize a causal relationship between child nutritional status and policy, technology, or other environmental factors that may lead to an association between growth and nutrition or health but that has nothing to do with improvements in individual economic status directly (Strauss and Thomas 1995; Grossman 2000). Thus, the link between improvements in economic and nutritional status merits further investigation.

This study proposes an alternative to the conventional linear, instrumental variables approach to examine the ability of changes in economic status to explain changes in personal well-being during an episode of growth. Specifically, this study develops a nonparametric decomposition tool (based on the Blinder-Oaxaca decomposition) to compute the counterfactual: how would child nutrition change if all that happened during growth is that relatively poorer households became like their richer neighbors. This is economic growth without the policy, technology, or environmental changes that affect child nutritional status independently of the impact of growth on economic status. The idea behind the decomposition is that at any point in time, individuals face a common economic environment. Thus, the counterfactual of what nutrition would be with only the observed improvements in economic status and no changes in the household's exogenous environment is constructed by using observations on improvements in economic status through time and the relationship between economic status and child nutrition at a single point in time.

---

<sup>1</sup> Sahn 1990, Thomas, Strauss, and Henriques 1990, Thomas, Strauss, and Henriques 1991, Thomas and Strauss 1992, and Block 2002 find positive but small marginal effects of improvements in per capita expenditures on child height. Duflo looks at the effect of pension income on child height in South African and finds effects that are large relative to what has been found in the literature that works with expenditures (Duflo 2000 and 2003). The following studies find a positive relationship between per capita expenditures and child height that is not statistically significant from zero: Horton 1986, Wolfe and Behrman 1987, Strauss 1990, Sahn 1994, Thomas, Levy, and Strauss 1996, Ponce, Gertler, and Glewwe 1998, and Glewwe, Koch, and Nguyen 2003.

The decomposition framework is applied to analyze changes in child nutrition during Vietnam's economic boom in the 1990s using household level panel data from the *Vietnam Living Standards Surveys*. Child nutrition status (measured by the height for age z-scores of children under 10) improves by 20 percent. The incidence of severe undernutrition declines by 50 percent. Improvements in economic status as measured by per capita expenditure can explain 60 percent of the overall improvement child nutritional status and 74 percent of the improvement in households below the poverty line in 1993. In richer households, improvements in economic status explain less of the observed changes in child height. For these relatively wealthy households, changes in community characteristics seem more important in affecting improvements in child nutritional status.

These findings have four implications for the existing literature on the relationship between economic status and child nutritional status during episodes of growth in low income countries. First, part of the variety in findings in the existing literature on child nutritional status and economic status may owe to differences in the level of development of the country studies. Within Vietnam, nutritional status is extremely elastic below the poverty line, but elasticity estimates become close to zero beyond the poverty line. Second, another part of the heterogeneity in findings may owe to the instrumental variables used to solve the endogeneity problem between economic status and child nutritional status. Thomas, Strauss, and Henriques (1990) report that their estimates of the expenditure elasticity of child height are very sensitive to their choice of instruments. Because the relationship between nutritional and economic status appears highly non-linear, an instrumental variable produces an estimate of the association between economic status and child height that is local to the region of the economic status distribution affected by the instrument. Thus different instruments will generate different results even if the underlying relationship between economic status and child height is stable.

Third, the finding that improvements in economic status are of declining importance in explaining changes in child nutritional status is consistent with Preston's (1975) conjecture that the relationship between inequality and health status across countries may reflect the income distribution within the country. That is, if the Vietnam results were representative of the underlying economic status-child nutritional status relationship in other countries, inequality would be associated with worse nutritional status conditional on income, because in an accounting sense, greater inequality conditional on income implies that there are more poor people where nutritional status is income elastic in the country aggregate. Finally, the finding that improvements in economic status explain less of the improvement in nutritional status in wealthier households is consistent with a model where nutritional status is determined by both food intake and environmental factors (as discussed in Ravallion 1990). Once basic food requirements are met, other environmental factors become more significant. Thus, while the present data suggest a strong link between economic status and child nutritional status, there is ample scope for policy to affect changes in nutritional status, especially as households cover their basic food needs.

This article is organized as follows. The next section discusses the existing evidence on the relationship between child nutritional status and economic growth and outlines the conventional methodology. Section 3 develops this study's nonparametric decomposition. Section 4 introduces the data and discusses changes in per capita expenditure and child height observed in Vietnam between 1993 and 1998. Section 5 examines how important economic status improvements appear to be in explaining changes in the nutritional status of children. Section 6 concludes and emphasizes the implications of this study's findings for researchers evaluating targeted programs or estimating health production functions.

## **2. Motivation**

There are a variety of mechanisms through which economic growth may influence the nutritional status of children (for surveys, see Behrman and Deolaliker 1988, Strauss and Thomas 1995, Strauss and Thomas 1998, and Deaton 2003). Increased economic resources at the household level can lead to improved diets, better sanitation and health practices, or more effective use of these health services. Rising household incomes may change discount rates or induce other behavioral changes. Alternatively, policy, technology, and other environmental changes coincident with (or even financed by) growth may lead one to falsely infer an association between individual economic status and child nutritional status. Policy changes that affect diets (Strauss and Thomas, Foster 1995), sanitation and water quality (Strauss and Thomas 1995), health practices (Strauss 1990), health services (Barrera 1990, Thomas and Strauss 1992), or access to formal or nutrition education (Thomas, Strauss, and Henriques 1991, Webb and Block 2003) may cause there to be an apparent link between growth and child nutrition that need not be attributable to rising household incomes per se.

The empirical analysis of the link between changes in economic and nutritional status is plagued by the problem that they are jointly determined (Pitt, Rosenzweig, and Hassan 1990 present a formal model). One problem is that there may be a causal effect of nutritional status on household incomes. A substantial battery of research considers the causal effect of adult health status and household incomes (Strauss and Thomas 1998). Similar mechanisms may be in play with children. Children with poor nutritional status may be less productive workers, and therefore their contribution to household resources will be less. Alternatively, if children with poor nutritional status are sicker, they may negatively affect household incomes by diverting adult time from work to caring for children. A second problem is that there may be common factors associated with both child nutritional and household economic status. For example, there may be intrahousehold correlations in illness such that sick children (who have worse nutritional

status) cohabitate with sick adults. Another frequently cited common factor is adult education. Low levels of adult education are associated with worse nutritional outcomes for their children and poorer economic status. Any of the factors affected by changes in policy, technology, or other environmental changes that tend to be coincident with growth will generate a spurious association between improvements in economic and child nutritional status.

The conventional approach to the study of the link between economic status and child nutritional status is to regress a physical nutrition measure such as height for age on per capita expenditures. An instrumental variables procedure is used to identify the causal effect of economic status on child nutrition. On occasion, a clever policy experiment is available for identification (e.g. Duflo 2000 and 2003). However, such clear identification is an exception. Given the tremendous policy and practical need to understand the determinants of child nutritional status in a specific country context, researchers have relied on economic models for identification where certain variables are designated as affecting nutritional outcomes only through expenditures in the case where a clear natural experiment is not available.

Denote  $y_{it}$  as child  $i$ 's height for age z-score at time  $t$ .  $m_{it}$  is the measure of economic status for child  $i$  at time  $t$ , typically the logarithm of household per capita expenditure.  $Z_{it}$  is a vector of instrumental variables that are correlated with per capita expenditure but not child height (except through expenditures).  $X_{it}$  is a vector of other regression controls that includes policy and technology variables that might be associated with economic status. The conventional IV approach estimates the system:

$$(1) \quad \begin{aligned} y_{it} &= \beta_0 + \beta_1 m_{it} + \beta_2 X_{it} + \varepsilon_{it} \\ m_{it} &= \alpha_0 + \alpha_1 Z_{it} + \alpha_2 X_{it} + v_{it} \end{aligned}$$

The significance of improvements in economic status in explaining changes in child nutrition during growth is then computed by comparing the observed change in mean child height to the predicted change computed by the product of the average change in per capita expenditure and

the estimated marginal effect of per capita expenditure. That is:  $\hat{\beta}_1 (\bar{m}_{t+1} - \bar{m}_t) \equiv \Delta$  where  $\hat{\beta}_1$  is the estimate from (1). For example, using these techniques with the same dataset as this study, Glewwe, Koch, and Nguyen (2003) find that improvements in per capita expenditures can explain at most 48 percent of the improvement in child height in urban areas and 19 percent of the change in rural areas. Notice that  $\Delta$  is equivalent to:

$$(2) \quad E[y_{t+1} | \bar{m}_{t+1}, \bar{X}_t] - E[y_t | \bar{m}_t, \bar{X}_t].$$

The next section outlines an alternative to (1) to construct an estimate of the change in nutritional status attributable to improvements in per capita expenditure, equation (2). One difference between the approach of this study and that of (1) is that this study does not recover a causal, marginal effect of changes in per capita expenditures on child height. Thus, it is worth reviewing the difficulties that researchers face in working with the conventional IV approach of (1). First, there are the conceptual problems of how one could exogenously impose a change in expenditure on a household and how some factor could move expenditures without independently affecting child nutrition when expenditures and nutritional intake are outcomes of the same decision-making problem.<sup>2</sup> Second, factors that change household wealth during growth are unlikely to affect child nutrition through per capita expenditures alone. That is:

$Cov(X_{it}, m_{it}) \neq 0$ . Put another way, as households grow richer, they change their environment in ways that might affect child health even if these changes do not show up in per capita expenditures. Thus, the identification of a causal marginal effect of improvements in per capita

---

<sup>2</sup> The difficulty in identifying a credible instrument for per capita expenditure in the set-up of (1) is a well known problem in this literature. Researchers typically use agricultural prices or some type of household asset as instruments. Prices face the problem that while they affect total per capita expenditures, they may have an independent impact on child nutritional status by altering the types of goods households purchase and thereby affecting nutritional intake. Household assets such as landholdings or durable goods face three problems. First, child height is a cumulative process and asset holdings reflect the household's cumulative earnings histories. Second, in the standard (nutrition) efficiency wage model (for a textbook treatment, see Ray 1998, chapter 13), inequality in assets determines variation in health status, because households can use their asset holdings to improve their nutritional status and thereby credibly supply labor at a lower wage. Third, depending on the portfolio of assets held by the households, greater asset holdings may imply a lower variance in income. This may then enable risk averse households to invest more in child nutrition as a component of the child's human capital.

expenditure on child height is difficult to do and difficult to interpret. The decomposition developed in the next section resolves both of these difficulties at the expense of causal inference.

### **3. Methodology**

This section outlines how to estimate the improvement in child height during an episode of growth attributable to improvements in economic status (as opposed to improvements attributable to changes in the household's exogenous environment). The idea behind the decomposition is that, at any point in time, individuals face a common set of policy, technology, and other confounding environmental factors. Observations on improvements in economic status through time and the relationship between child height and economic status at a single point in time are then used to construct the counterfactual of what nutrition would be with only improvements in economic status and not the independent environmental changes. Specifically, consider a household with a per capita expenditure of \$100 at time  $t$  and \$150 at time  $t+1$ . The estimate of what child height should be at time  $t+1$  with only improvements in per capita expenditure is based on the child height observed at time  $t$  in households with a per capita expenditure of \$150. In the cross-section at time  $t$  households differ in a number of ways that may have nothing to do with economic status. Moreover, the relationship between economic status and child height may change through time. To the extent that cross-sectional variation in child height reflects cross-sectional differences between households or that the relationship between economic status and child height changes over time, improvements in economic status will not be able to predict the observed changes in child height.

The conventional approach as emphasized in equation (2) of the previous section computes the counterfactual of the change in child height predicted by the average improvement in per capita expenditure based on the functional form specified in equation (1). The approach developed herein differs from the conventional approach in three ways. First, the counterfactual

of how much of the change in child height can be predicted by improvements in per capita expenditure is computed throughout the baseline (time  $t$ ) distribution rather than just at the mean. Second, no constraints are imposed on the functional relationship between per capita expenditures and child height. Thus, the approach allows child height to be more sensitive to improvements in economic status in the poorest households relative to the rich. Third, the environmental factors in the vector  $X_{it}$  do not need to be directly observed and are allowed to vary with per capita expenditures. Thus, the decomposition does not recover a causal estimate of how child height will change with a change in per capita expenditure alone. Rather, the methodology is designed to compute an expectation of child height at time  $t+1$  based on improvements in economic status with environmental factors that are independent of economic status fixed at their time  $t$  levels.

This presentation of the decomposition begins in the conventional linear-IV framework of the system in (1). This set-up is modified step by step to make these three changes in how (2) is computed. As before,  $y_{it}$  is child  $i$ 's height for age z-score at time  $t$ .  $m_{it}$  is the measure of economic status for child  $i$  at time  $t$ , typically the logarithm of household per capita expenditure.  $X_{it}$  is a vector of other regression controls that includes policy and technology variables that might be associated with economic status. The first objective in the decomposition is to compute the expected change in child height for each point in the baseline distribution rather than just the mean. This is straightforward by modifying (2) to calculate it for each  $m_{it}$  and  $X_{it}$  rather than at the population mean:

$$(3) \quad E[y_{it+1} | m_{it+1}, X_{it}] - E[y_{it} | m_{it}, X_{it}].$$

$m_{it+1}$  is the per capita expenditure observed for household  $i$  at time  $t+1$ . Summary statistics can be computed by integrating (3) over regions of interest of the baseline (time  $t$ ) living standards distribution.

The cost of working with individual changes in economic status ( $m_{it+1} - m_{it}$ ) is that measurement error becomes a significant problem.<sup>3</sup> This study assumes that at any point in the baseline distribution  $m_{it}$ , measurement error in the change in economic status (per capita expenditures) is mean zero in the neighborhood of  $m_{it}$ .<sup>4</sup> Thus, nonparametric smoothing methods are used to calculate the expected per capita expenditure at time  $t+1$  for each observed baseline economic status:  $E[m_{it+1} | m_{it}] \equiv \hat{m}_{it+1}$ .<sup>5</sup> Thus, (3) becomes:

$$(4) \quad E[y_{it+1} | \hat{m}_{it+1}, X_{it}] - E[y_{it} | m_{it}, X_{it}].$$

$E[y_{it} | m_{it}, X_{it}]$  is straightforward to calculate, so the problem of this decomposition is to how to compute  $E[y_{it+1} | \hat{m}_{it+1}, X_{it}] \equiv \hat{y}_{it+1}$ . In the model of equation (1),  $\hat{y}_{it+1} = \hat{\beta}_0 + \hat{\beta}_1 \hat{m}_{it+1} + \hat{\beta}_2 X_{it}$  where  $\hat{\beta}_k, k \in \{0, 1, 2\}$ , is estimated by (1). Recall from the discussion of the previous section that  $Cov(X_{it}, m_{it}) \neq 0$  meaning that as households grow richer, they change their environment in ways that might affect child health even if these changes do not show up in per capita expenditures.  $X_{it}$  can be separated into its two components. One component is environmental attributes associated with expenditures ( $x_{it} = E(X_{it} | m_{it})$ ), and the other component is environmental factors that occur independently of individual per capita expenditures:

---

<sup>3</sup> There is measurement error in child height as well. This may be less of a significant issue for two reasons. First, child height is directly measured by an enumerator in most surveys (including the present one). In contrast, measuring economic status depends on the recall of the respondent and the imputation of values to goods and services that are not acquired with cash. Second, in a set-up such as (1), neoclassical measurement error is an efficiency problem but not a source of bias. However, if individual changes in economic status reflect measurement error in status, observed improvements in economic status will be a poor predictor of improvements in child height.

<sup>4</sup> Measured per capita expenditures at time  $t+1$  are composed of actual per capita expenditures  $m_{it+1}^*$  and measurement error  $v_{it+1}$ . The assumption that measurement error is mean zero in the neighborhood of  $m_{it}$  is  $E[v_{it+1} | m_{it}] = 0$ .

<sup>5</sup> The obvious cost of this approach is that it substitutes regression error for measurement error. However, it has the added bonus of solving a potentially major econometric problem. Households become so much wealthier between 1993 and 1998 that many individual households attain per capita expenditures in 1998 that are unobserved or observed with little support in 1993. Thus, working with individual improvements in per capita expenditure would induce serious selection bias into this data driven approach.

$R_{it} \equiv X_{it} - E(X_{it} | m_{it})$ . This vector  $R_{it}$  reflects the exogenous policy and technology changes that might be coincident with growth. Define  $\hat{x}_{it+1} \equiv E(X_{it+1} | \hat{m}_{it+1})$ . Thus, the counterfactual of how child height would change based on improvements in economic status should be constructed by allowing  $X_{it}$  to vary with per capita expenditures. Thus, (4) becomes:

$$(5) \quad E[y_{it+1} | \hat{m}_{it+1}, \hat{x}_{it+1}, R_{it}] - E[y_{it} | m_{it}, x_{it}, R_{it}]$$

From (5), it is straightforward to compute  $\hat{y}_{it+1}$  in the set-up of (1):

$$(6) \quad \hat{y}_{it+1} \equiv E[y_{it+1} | \hat{m}_{it+1}, \hat{x}_{it+1}, R_{it}] = \hat{\beta}_0 + \hat{\beta}_1 \hat{m}_{it+1} + \hat{\beta}_2 \hat{x}_{it+1} + \hat{\beta}_3 R_{it}.$$

The decomposition in this study presents an alternative to (6) in calculating  $\hat{y}_{it+1}$  with two additional steps.<sup>6</sup> First, the association between per capita expenditures and child height is permitted to vary throughout the per capita expenditure distribution. Second, the association between child height and improvements in economics status does not depend on observing all of the changes in the household's environment associated with improvements in status (the vector  $\hat{x}_{it+1}$ ). Because  $\hat{x}_{it+1}$  is a function of  $\hat{m}_{it+1}$ , computing the expectation of  $y_{it+1}$  conditional on  $\hat{m}_{it+1}$  contains information on the association between child height and variation in the household's environment that are correlated with economic status as well as variation associated with the effect of per capita expenditures alone.

The vector of exogenous policy and technology factors  $R_{it}$  does not vary with per capita expenditures at a given point in time (by definition), but it varies through time. Thus, the computation of the counterfactual  $\hat{y}_{it+1}$  needs to be computed based on data from time  $t$  in order

---

<sup>6</sup> One key assumption in (1) which pervades the health production literature (see Behrman and Deolalikar 1988 or Strauss and Thomas 1995 for surveys) is that the association between changes in per capita expenditure on child nutrition is stable through time (there is no time subscript on  $\beta_1$ ). This assumption rules out effects of relative income. The decomposition developed herein maintains this assumption.

to control for changes in these (unobserved) factors. Consequently, the decomposition proceeds in 3 steps:

*Step 1:* The expected child height at time  $t$  conditional on per capita expenditure at time  $t$ ,

$E[y_{it} | m_{it}, x_{it}, R_{it}]$ , is computed by the nonparametric regression of child height on per capita expenditures. That is:  $y_{it} = f(m_{it}) + e_{it}$ .

*Step 2:* The expected per capita expenditure in time  $t+1$ ,  $\hat{m}_{it+1}$ , for a household with per capita expenditure  $m_{it}$  is computed by the nonparametric regression of per capita expenditure in time  $t+1$  on per capita expenditure in time  $t$ :  $m_{it+1} = h(m_{it}) + u_{it+1}$ .

*Step 3:* The counterfactual of what child height would be expected at time  $t+1$  if all that happened between time  $t$  and time  $t+1$  is that poorer households became like their richer neighbors (e.g.  $R_{it}$  is held constant) is constructed by plugging in the result from step 2 into the result from step 1:

$$(7) \quad \hat{y}_{it+1} \equiv E[y_{it+1} | \hat{m}_{it+1}, \hat{x}_{it+1}, R_{it}] = E[y_{it+1} | \hat{m}_{it+1}, R_{it}] = f(h(m_{it})).$$

$\hat{y}_{it+1}$  can then be compared to the observed child height at time  $t$  and to the realized child height at time  $t+1$ .  $\hat{y}_{it+1} - y_{it}$  is the change in child height attributable to improvements in economic status. The residual  $\rho_{it+1} \equiv y_{it+1} - \hat{y}_{it+1}$  is the change in child height that cannot be explained by improvements in economic status.

## 4. Data

### 4.1 The Vietnam Living Standards Survey

This study analyzes changes in child nutrition during an episode of growth using the Vietnam Living Standards Surveys (VLSS). The first round of the VLSS took place between September 1992 and October 1993, and the second round of the VLSS took place between December 1997 and December 1998 (World Bank 2000). Both rounds are designed to be

nationally representative, cross-sectional household surveys. However, the decomposition in this study focuses on the 1,901 panel households that are observed with children 0-10 in both rounds of the survey.<sup>7</sup> The VLSS is a multi-purpose household survey following the format of the World Bank's Living Standards Measurement Surveys, and the questionnaires are nearly identical in each round of the survey.

Table 1 presents summary statistics for each nationally representative cross-section of households with children 0-10 (columns 1 and 2) and the panel used in this study (columns 3 and 4). Means in columns 1 and 2 are weighted to be nationally representative of the population of children 0-10.<sup>8</sup> Because this study focuses on panel households that have children under 10 in both 1993 and 1998, there are some differences between the data used in this study (columns 3 and 4) and the nationally representative data. First, selected households tend to have more children under 10 in 1993. With limited child fostering, more children under 10 implies that at least 1 of these children is likely to be relatively young, and therefore more likely that the household meets the criteria for selection by having a child under 10 in each round. This also is confirmed by the observation that selected children are slightly younger in 1993 and older in 1998 than the nationally representative data. Second, per capita expenditures and height for age z-scores are smaller in the selected sample. This might stem from the association between age of the household, fertility, and economic status.

Economic status is measured by household per capita expenditures. The calculation of the expenditure aggregate for the VLSS is described in World Bank (2000).<sup>9</sup> The expenditure measure is defined as annual expenditure, and most expenditure is on food. Expenditure

---

<sup>7</sup> Glewwe and Nguyen (2003) discuss attrition in the panel and conclude that the panel appears to be approximately nationally representative. The panel recaptured 89.6 percent of its targeted households. In the present case, 92.2 percent of targeted households with children under 10 were recaptured in the second round of the VLSS.

<sup>8</sup> In the second round of the VLSS, there was a large increase in sample size from 4800 to 6000 sampled households. However, as Edmonds (2003) discusses, there was also a large decline in fertility between 1993 and 1998 that can be found in other datasets as well. Thus, the number of sampled children under 10 in column 2 declines despite the increase in households interviewed.

<sup>9</sup> The January 1998 exchange rate was 13,300 Dongs per dollar.

includes both purchased goods and the imputed value of home production that is consumed in the household. Durable goods are not included in total expenditure, but an imputed rental value of durables is included. Expenditure is deflated so that expenditure in both 1993 and 1998 is expressed in hundreds of January 1998 Dongs.

Between 1993 and 1998, mean per capita expenditure increases 52 percent. Figure 1 pictures the distribution of the logarithm of per capita expenditure for all VLSS households in 1993 and 1998 weighted to be nationally representative. The two distributions are kernel estimates of the density of logarithm of per capita expenditure. The vertical line in figure 1 is the official 1993 poverty line (approximately USD \$106 per person per year). The poverty line's calculation is described in the *Vietnam Development Report 2000*. It is the estimated cost of acquiring enough food to consume 2100 calories per person per day plus an allowance for nonfood expenditures.

The dramatic improvement in economic status between 1993 and 1998 is evident in figure 1. Despite being deflated to be in the same units, the mass of the entire distribution of per capita expenditure is shifted right. In 1993, 58 percent of the population is below the poverty line. In fact, 25 percent of households have per capita expenditures below the estimated costs of purchasing 2100 calories per day. 5 years later, only 8 percent of the population has 1998 expenditures below this level, and 33 percent of the population lives below the 1993 poverty line.<sup>10</sup> Not only is the shift in the distribution dramatic, but the shape of the two densities are largely unchanged between 1993 and 1998. In fact, Glewwe, Gragnolati, and Zaman (2002) find that improvements in per capita expenditure are roughly uniform throughout the distribution and overall inequality is largely unchanged.

#### **4.2 Child Nutrition in the VLSS**

---

<sup>10</sup> There is also a 1998 poverty line calculation that puts the poverty line slightly above the inflated 1993 line. The discussion in the text focuses on the 1993 line alone for consistency.

The aim of this study is to understand whether improvements in economic status are important for the improvements in nutritional status observed with growth. Nutritional status in this study is measured by the child's height for age  $z$ -score. Height for age is a measure of cumulative nutritional status and is therefore of greater interest than more transitory nutritional measures of nutritional status in considering the relationship between growth and nutrition. In children below the age of 36 months, low height for age is generally believed to reflect a process of failing to grow or stunting. In older children, a low height for age indicates having failed to grow or being stunted.

The VLSS collects data on height and age for each household member. For children below the age of 10, age is collected in months. For children 24 months and older, height is measured as standing height. Height for age  $z$ -scores are then computed for all children ages 0 to 119 months using the standard NCHS/WHO international reference curves for age, sex, and height. Summary statistics for these  $z$ -scores are summarized in Table 1.<sup>11</sup> Figure 2 plots the distribution of height for age  $z$ -scores (HAZ) for each round of the VLSS. All children 0 to 119 months in each cross-sectional survey are included in Figure 2 so that Figure 2 is representative of the changes in child nutrition occurring in Vietnam during the same window as the improvements in living standards pictured in Figure 1.

The extent of undernourishment in Vietnam in 1993 is striking. A HAZ below -2 is generally perceived as evidence of undernutrition. The average HAZ among children under 10 is -2.0 in 1993. 56 percent of children suffer from at least moderate undernutrition (compared to a prevalence of 2.3 percent in a well-nourished population). A HAZ below -3 is indicative of severe

---

<sup>11</sup> The WHO suggests examining the standard deviation of the HAZ distribution as a check on the reliability of the data. The standard deviation of HAZ should be between 1.1 and 1.3 in credible data. The standard deviation of HAZ is 1.3 in 1993 and 1.26 in 1998. Following convention, HAZ below -6 and above +6 are assumed to be in error and are dropped from the analysis. This eliminates 0.5% of the 1993 sample and 0.3% of the 1998 sample of children 0-10. Errors may be attributable to measurement error in height or age misreporting. A robustness check will consider whether results are sensitive to excluding these extreme  $z$ -scores.

undernutrition. The vertical line in Figure 2 is at -3. 20 percent of children appear to suffer from severe undernutrition in 1993.

The shift in the height for age distribution is similar to the shift that occurs in the per capita expenditure distribution. The 1998 distribution shifts to the right, and the distribution becomes (slightly) more concentrated. The mean HAZ in 1998 is 20 percent higher than the 1993 distribution. The incidence of at least moderate undernutrition declines almost 30 percent, and severe undernutrition declines by nearly 50 percent. Koch and Linh (2000) discuss these improvements in child nutritional status further. They note that these improvements in nutritional status stem from both better nutritional status of children born between 1993 and 1998, and improvements in nutritional status in children that are observed in both survey rounds. Koch and Linh report that 34 percent of with a height for age z-score below -2 in 1993 improve their height for age to above -2 in 1998. Though malnutrition declines between 1993 and 1998, it is still prevalent. 11 percent of children appear to suffer from severe undernutrition in Vietnam in 1998. This paper considers the relationship between Vietnam's dramatic improvements in economic status and height for age.

## **5. Main Findings**

### **5.1 The Decomposition with a Series Estimator**

This subsection presents the inputs used to generate the expected child height based on improvements in per capita expenditures. This section uses a flexible Fourier form in per capita expenditure for the nonparametric regressions used in the decomposition.<sup>12</sup> The first step of the decomposition is to estimate the relationship between nutrition and per capita expenditures in the baseline cross-section:  $y_{i93} = f(m_{i93}) + e_{i93}$  where  $f(m_{i93})$  denotes a flexible Fourier form in per capita expenditure in 1993,  $e_{i93}$  is mean zero conditional on  $m_{i93}$ , and  $y_{i93}$  is the mean height

---

<sup>12</sup> The Fourier form is implemented by transforming per capita expenditure onto the interval 0 to  $2\pi$  and including the transformed 1993 per capita expenditure, its square,  $\sin(jx)$ , and  $\cos(jx)$  in the regression where  $j=1,2,\dots,5$ .

for age z-score of children under 10 in household  $i$ .  $f(m_{1993})$  is the mapping of how child height for age evolves in the per capita expenditure distribution that will be used to separate changes attributable to poor households becoming like their richer neighbors from external changes in the household's exogenous policy or technology environment. Figure 3 presents the results of this regression (step 1). The vertical line in Figure 3 and all subsequent pictures is the 1993 poverty line. Because nonparametric methods perform poorly in areas with low density, Figure 3 and all subsequent analysis is limited to households between the 5th and 95th percentiles per capita expenditure distribution for the population of children 0-10.

Each point on the dotted curve labeled 1993 indicates the expected height for age z-score for children in 1993 with the indicated per capita expenditure in 1993. Although one is tempted to test hypothesis about the curve pictured in Figure 3, it is important to remember, that the decomposition in this study is focused on explaining changes in child height at various points of the baseline distribution as in equation (5). Thus, while the shape of the curve is of interest in summarizing how the association between per capita expenditures and child height varies across the distribution, this study is not testing hypothesis about the shape of the curve itself. 90 percent confidence bounds for the expectation of child height for age at each point in the 1993 distribution are also pictured.<sup>13</sup> Figure 4 plots the per capita expenditure elasticity of child height for age calculated from the regression results pictured in Figure 3.

There appear to be three distinct areas in the relationship between height for age and per capita expenditure in 1993. First, in the poorest households, height for age does not appear to be increasing as we compare very to poor to slightly less poor households. Second, in the neighborhood of 7.0 on the log scale, child height seems to be increasing with per capita expenditures. 7.0 corresponds to the estimated costs of purchasing 2100 calories per day per

---

<sup>13</sup> Confidence bounds are bootstrapped percentiles. That is, 2000 clustered bootstrap samples are drawn. The expectation of height for age is computed for each draw. These expectations are then sorted, the 5th and 95th percentile of these expectations at each point in the grid form the pictured confidence intervals.

person in 1993 (Vietnam Development Report 2000). The implied elasticity of height for age with respect to per capita expenditures increases to a peak of 0.56 at 7.17 in Figure 4 (roughly \$97 per person per year in 1998 USD). Third, the association between per capita expenditures and height for age begins to flatten in the neighborhood of 7.57 (\$146 per person per year) and 0 becomes a part of the 90 percent confidence interval for the elasticity at the poverty line. The upturn at the top end of distribution may be substantive or an artifact of the small sample size at the top of the distribution.

The goal of this study's decomposition is to consider the ability of improvements in living standards to explain changes in height for age. Figure 5 shows the change in child height that occurs in each point in the baseline distribution. At the bottom of figure 5 is the relationship between child height and per capita expenditures in 1993, taken directly from figure 3. The top line in Figure 5 presents the expected child height for age z-score observed in 1998 for each point in the 1993 distribution:  $y_{i98} = g(m_{i93}) + v_{i98}$  where  $g(m_{i93})$  is a flexible Fourier form in the log of real per capita expenditure in 1993,  $v_{i98}$  is the error term that is mean zero conditional on  $m_{i93}$ , and  $y_{i98}$  is the mean height for age z-score of children under 10 in household  $i$  in 1998. 90 percent confidence bounds for each estimate of height for age in both 1993 (dashed) and 1998 (solid) are also pictured.

Child height improves throughout the baseline (1993) distribution. Even the wealthiest part of the 1993 distribution experiences improved height for age z-scores. The largest improvements in child height appear to be concentrated in households that were just below 7.0 on the log-scale in 1993. Recall that these households are just below the estimated costs of purchasing 2100 calories per day per person. Moreover, there is almost no overlap in confidence intervals for the expectation of child height in 1998 and the expectation of child height in 1993 except at the very bottom of the distribution. Thus, the dramatic changes in the distribution of child height evident in Figure 2 are apparent in improvements in child height throughout the

living standards distribution. The goal of this decomposition is to estimate how much of these improvements in child height can be attributed to improvements in per capita expenditure.

The changes in child height in figure 5 reflect both improvements in economic status and policy and technology changes in the household's environment that are concurrent with growth. Two factors are used to construct the counterfactual of what height for age would be in 1998 if the relationship between growth and child height were driven by the process of poorer household becoming like their richer neighbors. First, Figure 3 contains the cross-sectional variation between child height and per capita expenditures from 1993 (step 1). Second, Figure 6 pictures how per capita expenditures have increased between 1993 and 1998 for each point in the 1993 distribution (step 2). That is, it is the result of estimating:  $m_{i98} = h(m_{i93}) + u_{i98}$  where  $m_{i98}$  is the log of real per capita expenditure in 1998,  $h(m_{i93})$  is a flexible Fourier form in the log of real per capita expenditure in 1993, and  $u_{i98}$  is mean zero conditional on  $m_{i93}$ . In figure 6, poorer households experience larger changes in per capita expenditure than do richer households on average.<sup>14</sup> Average real per capita expenditures do not decline in any part of the baseline distribution.

The counterfactual is computed for each point in the baseline distribution by looking at the expected per capita expenditure in 1998 in Figure 6, then finding the expected height for age z-score for this level of per capita expenditure from Figure 3,  $f(h(m_{i93}))$ . The explanatory power of improvements in per capita expenditure alone is then judged at each point in the baseline distribution by comparing this counterfactual to the height for age observed in 1998 at each point in the 1993 distribution (Figure 5).

---

<sup>14</sup> One reason for working with  $E[m_{i98} | m_{i93}] \equiv \hat{m}_{i98}$  rather than  $m_{i98}$  is to use smoothing to deal with mismeasurement in individual changes. In Figure 6, the change in the expectation of per capita expenditure in 1998 is decreasing in 1993 per capita expenditures. To the extent that measurement error in per capita expenditure is not locally mean zero, then mismeasurement should attenuate how much of the observed changes in height for age can be attributed to changes in per capita expenditure, because the changes in per capita expenditure may not be real.

## 5.2 Results

Living standards improvements are most successful in explaining improvements in nutrition in very poor households. Figure 7 contains the results of the decomposition. Rather than presenting the absolute change in child height that can be explained by improvements in per capita expenditures, it is more meaningful to compare the explained change to the total change. Thus, Figure 7 presents the percent of the total change in child height that can be explained by improvements in per capita expenditures for each point in the 1993 baseline per capita expenditure distribution.

Below the poverty line, improvements in economic status can explain a majority of the change in child height, while the decomposition performs substantially worse above the poverty line. Of course, as evident in Figure 1, a majority of the population is below the poverty line in 1993. The explanatory power of improvements in living standards is largest for children whose per capita expenditures in 1993 are in the neighborhood of the estimated costs of purchasing 2100 calories per person per day. This result could be expected since this is the region where the cross-sectional elasticities are highest (Figure 4) and where the marginal return to spending on nutrition would be largest in an efficiency wage story such as Dasgupta and Ray (1986).

Figure 7 shows the percent of the observed change in child height at each point on the baseline distribution that can be explained by improvements in economic status. It is likely that policy is more interested in the explanatory power of improvements in economic status across regions of the distribution rather than the point wise results of Figure 7. Table 2 summarizes the explanatory power of improvements in economic status across regions of the 1993 distribution. The summary statistics are computed by taking the weighted average of the results in Figure 7 where the weights are the density of per capita household expenditures for children 0-10 in the population of Vietnam in 1993. For each range of the baseline distribution, Table 2 also indicates the results of two hypothesis tests. One hypothesis is that improvements in economic

status can explain none of the improvement in economic status. This hypothesis is rejected if 0 is not within the 90 percent confidence interval, and a rejection of this hypothesis is indicated by a \* in Table 2. The second hypothesis is that improvements in economic status can explain all of the improvements in economic status. This hypothesis is rejected if 100 is not within the 90 percent confidence interval, and a rejection of this hypothesis is indicated by a ^ in Table 2.

In the full sample, the data reject the hypothesis that improvements in economic status cannot explain any of the improvements in child nutrition, but the data also reject the hypothesis that improvements in economic status can explain all of the improvements in economic status. Overall, 60 percent of the improvements in child height can be explained by improvements in per capita expenditure. For children in households below the poverty line in 1993, 74 percent of the improvements in child height can be explained by improvements in economic status, but again the data reject the hypothesis that all of the improvements in child height can be attributed to improvements in economic status. Explanatory power is highest for the second quartile of the population as is evident in Figure 7. For the second quartile, improvements in economic status can explain 97 percent of the improvements in child height, and the data do not reject the hypothesis that improvements in status can explain all of the estimated changes in child height. In contrast, the results for the richest quartile reject the hypothesis that improvements in economic status can explain all of the observed changes in child height and do not reject the hypothesis that improvements in economic status can explain none of the changes in child height. 18 percent of the improvements in child height in the top quartile can be attributed to improvements in economic status.

This inability of improvements in economic status to explain changes in child height in the richest segment of the population could reflect something about the relationship between child height and economic status in relatively wealthy households or it could be an artifact of the methodology in this dataset. The causal story is that in very poor households, additional income

goes directly towards nutrition. In richer households, environmental factors play a larger role in variation in nutritional status than does the household budget. Moreover, Wagstaff and Nguyen (2003) document that most of the improvements in health services, drinking water, and sanitation in Vietnam have been concentrated in the communities where the wealthiest quartile of the population live. The methodology explanation is that the 1998 per capita expenditures observed in the top quartile of the 1993 population are not frequently observed in the 1993 population. Thus, the data driven methodology of this paper performs poorly in these regions of limited support as is reflected in the wide confidence bounds. It is not possible to identify which of these two factors is behind the inability of changes in per capita expenditures to explain changes in child height in the top quartile with the existing methodology.

### **5.3 Residual variation in child height**

This section considers whether the residual changes in child height that improvements in economic status cannot explain are correlated within communities. If so, this finding would be consistent with the idea that community level environmental, policy, or technology changes might be more substantive for improvements in nutritional status after basic food intake requirements are met (see Strauss and Thomas 1995 for a survey). Wagstaff, Doorslaer, and Watanabe (2003) in a related study find that most of the inequality in height for age in Vietnam can be explained by inequality in consumption and community attributes. Thus, their results would suggest scope for correlation within communities in the unexplained changes in child height. The first step in this analysis is to compute the residual:  $y_{i98} - \hat{y}_{i98} \equiv \rho_{i98}$ . This is the difference between observed child height for age in 1998 and that which is predicted based on improvements in economic status. The second step is to regress these residuals on a vector of community fixed effects.<sup>15</sup> The fitted values of this regression  $\bar{\rho}_{i98}$  give the mean unexplained

---

<sup>15</sup> With this approach, it is possible to condition on other observed changes in household attributes. In unreported regressions, I have considered whether observed changes in household age composition, gender mix, sources of water, type of toilet, or method of garbage disposal are associated with the residual change in child height. None of

residual in household  $i$ 's community. From this, it is possible to compute the expected child height observed in 1998 based on improvements in per capita expenditures and the changes in child height that occur within the community that are independent of the change in child height predicted by improvements in per capita expenditure:  $\bar{\rho}_{198} + \hat{y}_{198} \equiv \tilde{y}_{198}$ .

Mechanically, these two factors on average must explain 100 percent of the change in child height between 1993 and 1998. The interesting question surrounding  $\tilde{y}_{198}$  is then whether community level changes in the local health and nutrition environment could be responsible for the improvements in child height at the top of the baseline distribution. For this to be the case, there must be clustering in the per capita expenditure data such that the community fixed effects are not uniformly distributed across the per capita expenditure distribution. Thus, the test of whether there is scope for community level factors to be important in the unexplained changes in child height is based on examining whether community residuals are evenly distributed across the baseline per capita expenditure distribution. If the community residuals are evenly distributed across the baseline distribution, then within community heterogeneity or methodological issues must be responsible for the inability of improvements in economic status to explain changes in child height at the top of the distribution.

The data suggest scope for community level changes in the health or nutrition environment to be important in areas where improvements in economic status explain little of the change in child height. This inference is based on whether  $\tilde{y}_{198}$  is uniformly above  $\hat{y}_{198}$  or whether community fixed effects  $\bar{\rho}_{198}$  are largest for households where per capita expenditure improvements can explain little of the improvement in child height. Figure 8 mimics Figure 7 in presentation. The dashed curve is the percent of the total change in child height that can be

---

the observed changes in these household attributes explain more than 2 percent of the variation in the residual, and their inclusion in the has no substantive impact on this sections findings that are not evidence in the regressions with community fixed effects alone. Thus, I limit the discussion to the community fixed effects results, because their interpretation is simpler.

attributed to improvements in economic status (Figure 7). The bold, solid curve is the percent of the total change in child height that can be explained by community fixed effects and improvements in economic status ( $\bar{\rho}_{i98} + \hat{y}_{i98}$ ). 90 percent confidence bounds are pictured for this combined prediction from improvements in economic status and common community factors in the residual.

The community fixed effects are statistically significant in their additional explanatory power for households above the median per capita expenditure of households with children under 10 (7.2 on the log scale). Moreover, in regions below the poverty line, the common community residuals are small relative to the residuals at the top of the distribution. From Figure 8 it is possible to conclude that there is significant clustering of communities in the per capita expenditure distribution. Thus, this leaves open the possibility that common, community level changes in the health environment could be responsible for the improvements that occur at the top of the distribution where improvements in per capita expenditure have little explanatory power.

## **6. Discussion and Conclusion**

This study develops a decomposition tool to examine the importance of improvements in economic status in explaining improvements in child nutrition during an episode of growth. The econometric problem is to separate improvements in child nutrition associated with improving economic status from changes associated with policy and technology changes that are concurrent and not fully observed. The idea behind the decomposition is that at any point in time, individuals face a common technology and policy environment. Thus, the counterfactual of what nutrition would be with only the observed improvements in economic status and no changes in the household's exogenous environment is constructed by using observations on improvements in economic status through time and the relationship between economic status and child nutrition at a single point in time.

In the context of Vietnam's rapid growth in the 1990s, this study finds that improvements in economic status can explain 60 percent of the overall improvement child nutrition and 74 percent of the improvement in households below the poverty line in 1993. In richer households, improvements in economic status explain less of the observed changes in child nutrition. For these relatively wealthy households, the data are consistent with a greater role for common, community characteristics in affecting improvements in child nutritional status. This is consistent with a model where nutritional status is determined by both food intake and environmental factors. Once basic food needs are met, environmental factors become relatively more important. Hence, when households are near subsistence, improvements in living standards explain much of the observed improvement in child nutrition. However, after basic needs are met, other environmental factors become relatively more significant. If a model such as this is representative of what occurs in other countries, it would explain why many researchers have found a link between inequality and health status across countries. In very poor countries, conditional on income, more inequality means that there will be more people in the region where child nutritional status is elastic with respect to economic status. Thus, there could appear to be a link between inequality and income when that relationship only reflects non-linearity in the association between health status and income.

The results of this study have two implications for the analysis of the relationship between changes in per capita expenditure and child nutrition. First, the explanatory power of economic status improvements varies across the distribution. In particular, the explanatory power of improvements in per capita expenditure is declining in per capita expenditure. The focus on averages in the conventional approach misses this heterogeneity that might be very important for policy and may understate the importance of improvements in economic status for severe malnutrition in the very poor. Second, the relationship between child nutrition and economic status should be assumed to be non-linear as there are substantive non-linear aspects of

the relationship between economic status and child height. Subramanian and Deaton (1996) find non-linearities in the cross-sectional relationship between nutritional intake and per capita expenditure, but this appears undocumented in most studies of nutritional outcomes like child height.

The substantive role of non-linearities has major implications for researchers interested in the determinants of child nutritional status. For instrumental variable estimates of the effect of per capita expenditure changes on child height, non-linearity implies that the interpretation of the IV result is that of a local effect of variation in per capita expenditure. That is, IV estimates will change based on the margin of per capita expenditure affected by the instruments (see Imbens and Angrist 1994 for a discussion of local versus average treatment effects). The local nature of IV estimates may explain why there is such heterogeneity in estimates of the relationship between per capita expenditure and child height and why authors such as Thomas, Strauss, and Henriques (1990) have found that their estimates of the relationship between economic status and child height are sensitive to the choice of instrument. Moreover, when the purpose of the conventional policy is to motivate policy, it is important to consider whether the margin affected by the instruments is relevant for policy.

The importance of non-linearity also has implications for researchers estimating health production functions or evaluating targeted programs aimed at improving nutritional status (Behrman and Deolalikar 1988 and Strauss and Thomas 1995 are surveys). Misspecification of the relationship between economic status and child nutritional status can bias inference substantively. Assume the relationship between economic status and child height is as this study finds: highly non-linear with rapid improvements in child height in the neighborhood of the cost of basic food needs. Moreover, assume a researcher controls for the relationship between economic status and child height with a linear term for per capita expenditure. If the covariate (or policy treatment variable) of interest is correlated with the region of the per capita

expenditure where non linearity is most important (as would be the case in this dataset if the covariate was most prevalent among the poor), then the specification error from the linear per capita expenditure term will be attributed to the covariate or program even when there is no causal effect of the covariate on child height. For example, suppose that poor sanitation has no impact on child height (although it almost certainly does), but poor households have worse sanitation than wealthier households. A researcher runs a linear regression of child height on a linear per capita expenditure term and a dummy variable for poor sanitation. This specification can lead to the researcher to (in this example) falsely infer that poor sanitation is a cause of poor child height. This example is not chosen to imply that there is no relationship between sanitation and child height. Rather, it illustrates the difficulties that face researchers when the importance of the fundamentally non-linear relationship between economic status and child nutritional is neglected.

Finally, the decomposition tool developed herein is useful for assessing how important improvements in economic status have been in recent changes in child nutritional status. This is useful as a benchmark for policy to weigh whether non-financial measures of well-being need to be tracked in order to monitor well-being and whether these other measures of well-being (like child nutritional status) need to be a separate determinant of policy. In the present case, a majority of the improvements in child nutrition appear to be driven by improvements in economic status, and improving economic status appears particularly valuable for the poor. However, the data are also consistent with limited scope for improvements in economic status to generate further improvements in child health. Thus, further improvements in nutritional status, if desired, may require more directed policy. The tools developed herein are useful for identifying what communities appear to be successful in affecting changes in child health beyond that associated with improvements in economic status. This seems an obvious starting point for future research.

## Works Cited

- Anand, S. and M. Ravallion (1993):** "Human Development in Poor Countries: On the Role of Private Incomes and Public Services," *Journal of Economic Perspectives*, 7(1), 133-150.
- Barrera, A. (1990):** "The role of maternal schooling and its interaction with public health programs in child health production," *Journal of Development Economics*, 32, 69-91.
- Behrman, J. and A. Deolalikar (1987):** "Will Developing Country Nutrition Improve with Income? A Case Study for Rural South India," *Journal of Political Economy*, 95(3), 492-507.
- Behrman, J. and A. Deolalikar (1988):** "Health and Nutrition," in *Handbook of Development Economics*, Vol 1, H. Chenery and T.N. Srinivasan, eds., Amsterdam: North Holland Press, 631-711.
- Block, S. (2002):** "Nutrition Knowledge versus Schooling in the Demand for Child Micronutrient Status," *Center for International Development Working Paper #93*, Harvard.
- Case, A. (2001):** "Does Money Protect Health Status?" *NBER Working Paper 8495*, October.
- Case, A. (2001):** "Health, Income, and Economic Development," *Annual World Bank Conference on Development Economics 2001/2002*, pp 221-241
- Case, A. and A. Deaton (2003):** "Consumption, Health, Gender, and Poverty," *RPDS Working Paper #212*, Princeton University.
- Case, A., A. Fertig, and C. Paxson (2003):** "From Cradle to the Grave? The Lasting Impact of Childhood Health and Circumstance," *NBER Working paper # 9788*, June.
- Case, A., D. Lubotsky, and C. Paxson (2003):** "Economic Status and Health in Childhood: The Origins of the Gradient," *American Economic Review* 92(5), 1308-1334.
- Dasgupta, P. and D. Ray (1986):** "Inequality as a Determinant of Malnutrition and Unemployment: Theory," *Economic Journal*, 77(1), 1011-34.
- Dasgupta, P (1997):** "Nutritional Status, the Capacity for Work, and Poverty Traps," *Journal of Econometrics* 77(1), 5-37.
- Deaton, A. (2003):** "Health, Inequality, and Economic Development," *Journal of Economic Literature*, 41, 113-158.
- Duflo, E. (2000):** "Child Health and Household Resources: Evidence from the South African Old-Age Pension Program" *American Economic Review: Papers and Proceedings*, May 2000.
- Duflo, E. (2003):** "Grandmothers and Granddaughters: The Effects of Old Age Pension on Child Health in South Africa," *World Bank Economic Review*, 17(1), 1-25.
- Fogel, R. (1994):** "Economic Growth, Population Theory, and Physiology," *American Economic Review* 84(3), 369-395.
- Foster, A. (1995):** "Nutrition and Health Investment," *American Economic Review Papers and Proceedings* 85(2), 148-52.
- General Statistical Office (1994):** *Viet Nam Living Standards Survey 1992-93*. Ha Noi, Viet Nam.
- General Statistical Office (1999):** *Viet Nam Living Standards Survey 1997-98*. Ha Noi, Viet Nam.
- Glewwe, P. M. Gragnolati, and H. Zaman (2002):** "Who Gained from Vietnam's Boom in the 1990s?" *Economic Development and Cultural Change*, 50(4), 773-92.
- Glewwe, P., H. Jacoby, and E. King (2003):** "Early Childhood Nutrition and Academic Achievement: A Longitudinal Analysis," *Journal of Public Economics*, forthcoming.

- Glewwe, P. and P. Nguyen (2003):** "Economic Mobility in Viet Nam in the 1990s," in P. Glewwe, N. Agrawal and D. Dollar (eds.), *Economic Growth, Poverty and Household Welfare: Policy Lessons from Vietnam*. Washington DC: World Bank.
- Glewwe, P. S. Koch, and B. L. Nguyen (2003):** "Child Nutrition, Economic Growth, and the Provision of Health Care Services in Vietnam in the 1990s," in P. Glewwe, N. Agrawal and D. Dollar (eds.), *Economic Growth, Poverty and Household Welfare: Policy Lessons from Vietnam*. Washington DC: World Bank.
- Grossman, M. (2000):** "The Human Capital Model," in *Handbook of Health Economics*, A. J. Culyer and J. Newhouse, eds., Vol 1A, Amsterdam: Elsevier, 347-408.
- Haddad L., Alderman H., Appleton S., Song L., Yohannes Y. (2003):** "Reducing Child Malnutrition: How Far Does Income Growth Take Us?" *World Bank Economic Review*, 17(1), 107-131.
- Horton, S. (1986):** "Child Nutrition and Family Size in the Philippines," *Journal of Development Economics* 23 (1), 161-176.
- Imbens, G. and J. Angrist (1994):** "Identification and Estimation of Local Average Treatment Effects," *Econometrica* 62(2), 467-475.
- Jensen R. and Richter K. (2001):** "Understanding the Relationship Between Poverty and Children's Health" *European Economic Review*, 45(4-6), 1031-1039.
- Koch, S. and N. Linh (2000):** "Child Malnutrition," *World Bank Manuscript*.
- Kremer, M. and T. Miguel (2001):** "Worms: Identifying Impacts on Education and Health in the Presence of Treatment Externalities," *Econometrica*, forthcoming.
- Pitt, M., M. Rosenzweig, and N. Hassan (1990):** "Productivity, Health, and Inequality in the Intrahousehold Distribution of Food in Low-Income Countries," *American Economic Review* 80(5), 1139-56.
- Ponce, N., P. Gertler, and P. Glewwe (1998):** "Will Vietnam Grow Out of Malnutrition," in *Household Welfare and Vietnam's Transition*, D. Dollar, P. Glewwe, and J. Litvak, eds., Washington DC: World Bank.
- Preston, S. (1975):** "The Changing Relation between Mortality and Level of Economic Development," *Population Studies* 29, 231-48.
- Pritchett, L. and L. Summers (1996):** "Wealthier is Healthier," *Journal of Human Resources* 31(4), 841-868.
- Ravallion, M (1990):** "Income Effects on Undernutrition," *Economic Development and Cultural Change* 38, 489-515.
- Ray, D. (1998):** *Development Economics*. Princeton NJ: Princeton University Press.
- Sahn, D. (1990):** "Malnutrition in Cote d'Ivoire," *World Bank Social Dimensions of Adjustment Working Paper 4*.
- Sahn, D. (1994):** "The Contribution of Income to Improved Nutrition in Cote d'Ivoire," *Journal of African Economies* 3(1), 29-61.
- Smith L., and Haddad L. (2002):** "How Potent Is Economic Growth in Reducing Undernutrition? What Are the Pathways of Impact? New Cross-Country Evidence," *Economic Development and Cultural Change*, 51(1), 55-76.
- Steckel, R. (1995):** "Stature and the Standard of Living," *Journal of Economic Literature* 33(4), 1903-40
- Strauss, J. (1990):** "Households, Communities, and Preschool Children's Nutrition Outcomes: Evidence from rural Cote d'Ivoire," *Economic Development and Cultural Change* 36(2), 231-262.

- Strauss, J. and D. Thomas (1992):** "Prices, infrastructure, household characteristics and child height", *Journal of Development Economics*, 39(2), :301-332.
- Strauss, J. and D. Thomas (1995):** "Human resources: Empirical models of household decisions", in Behrman, J. R. and T. N. Srinivasan, (eds.), *Handbook of Development Economics*, (Volume IIIA), North Holland, 1885-2023.
- Strauss, J. and D. Thomas (1997):** " Health and wages of men and women in urban Brazil", *Journal of Econometrics*, 77(1), 159-186.
- Strauss, J. and D. Thomas (1998):** "Health, Nutrition, and Economic Development," *Journal of Economic Literature* 36(2), 766-817.
- Subramanian, S. and A. Deaton (1996):** "The Demand for Food and Calories." *Journal of Political Economy*, 104(1), 133-162.
- Thomas, D. and E. Frankenberg (2000):** "The Measurement and Interpretation of Health in Social Surveys," *UCLA Manuscript*.
- Thomas, D. and E. Frankenberg (2002):** "Health, nutrition, and prosperity: a microeconomic perspective," *Bulletin of the World Health Organization* 80(2), 106-113.
- Thomas, D., J. Strauss, and M. Henriques (1991):** "How does mother's education affect child height?", *Journal of Human Resources*, 26(2), 183-211.
- Thomas, D., J. Strauss, and M. Henriques (1990):** "Child survival, height for age and household characteristics in Brazil", *Journal of Development Economics*, 33, 197-234.
- Thomas, D., V. Levy, and J. Strauss (1996):** "Public policy and anthropometric outcomes in the Cote d'Ivoire", *Journal of Public Economics*, 61(2), 155-92.
- Vietnam Development Report (2000):** *Attacking Poverty*. Hanoi: World Bank.
- Wagstaff, A., E. Doorslaer, and N. Watanabe (2002):** "On Decomposing the causes of health sector inequalities with an application to malnutrition inequalities in Vietnam," *Journal of Econometrics* 112(1), 207-23.
- Wagstaff, A. and N. Nguyen (2003):** "Poverty and Survival Prospects of Vietnamese Children under Doi Moi," *University of Sussex Manuscript*.
- Webb, P. and S. Block (2003):** "Nutrition Knowledge and Parental Schooling as Inputs to Child Nutrition in the Long and Short Run," *Tufts University Manuscript*.
- Wolfe, B. and J. Behrman (1983):** "Is Income Overrated in Determining Adequate Nutrition?" *Economic Development and Cultural Change* 31(3), 525-549.
- Wolfe, B. and J. Behrman (1987):** "Women's Schooling and Children's Health: Are the Effects Robust with Adult Sibling Control for the Women's Childhood Background," *Journal of Health Economics* 6(3), 239-254.
- World Bank (2000):** "Viet Nam Living Standards Survey, 1997-98: Basic Information." Manuscript.

**Table 1: Summary Statistics for Children under 10**

	Nationally Representative Cross-Sections		Panel	
	1993	1998	1993	1998
Sample Size (Children)	5,998	5,482	4,048	3,406
Household Attributes				
Household Size	6.03 (0.11)	5.76 (0.07)	6.13 (0.14)	5.87 (0.09)
Total # Children under 10	2.42 (0.05)	2.10 (0.04)	2.64 (0.06)	2.19 (0.04)
Ln Real Per Capita Expenditure	7.23 (0.03)	7.58 (0.03)	7.17 (0.03)	7.50 (0.03)
Child Attributes				
Age in Months	61.07 (0.48)	67.04 (0.63)	54.17 (0.51)	72.88 (0.81)
Female	0.49 (0.01)	0.49 (0.01)	0.50 (0.01)	0.51 (0.01)
Height for Age	-2.02 (0.04)	-1.62 (0.04)	-2.08 (0.04)	-1.70 (0.04)
Severe Undernutrition (HAZ<=-3)	0.20 (0.01)	0.11 (0.01)	0.22 (0.01)	0.11 (0.01)

Means in columns 1 and 2 are weighted to be nationally representative.

Standard errors in parenthesis. All summary statistics are corrected for sample design.

**Table 2: Decomposition Results**

Percent of Change in Child Nutrition Explained by Improvements in Economic Status  
 Various Population Subgroups

	<b>Height for Age</b>
Full Sample	59.8 <sup>*^</sup>
Subgroup of Baseline Distribution	
Below the Poverty Line in 1993	74.3 <sup>*^</sup>
1st Quartile	62.2 <sup>*^</sup>
2nd Quartile	97.2 <sup>*</sup>
3rd Quartile	50.4 <sup>*^</sup>
4th Quartile	18.4 <sup>^</sup>

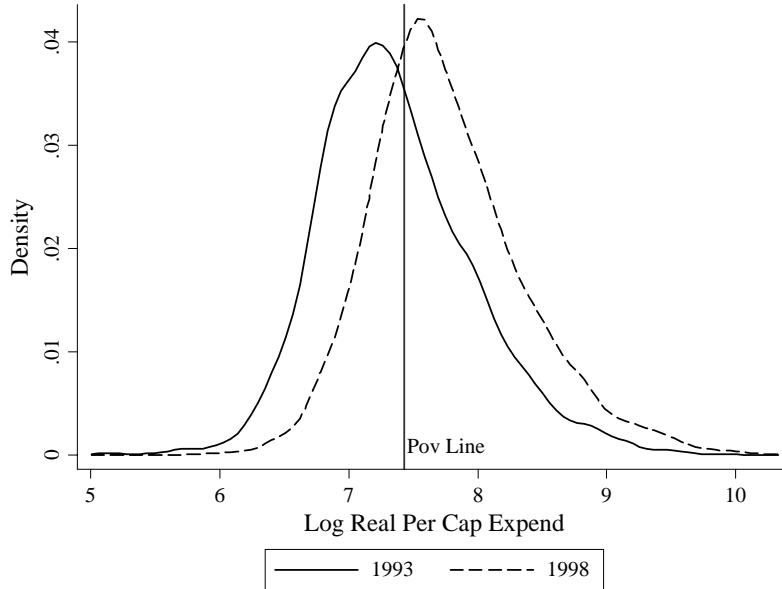
\* 0 is not within a 90 percent confidence interval.

<sup>^</sup>100 is not within a 90 percent confidence interval.

Confidence intervals are bootstrap percentiles based on 2,000 replications.

The bootstrap replicates sample design by drawing psus.

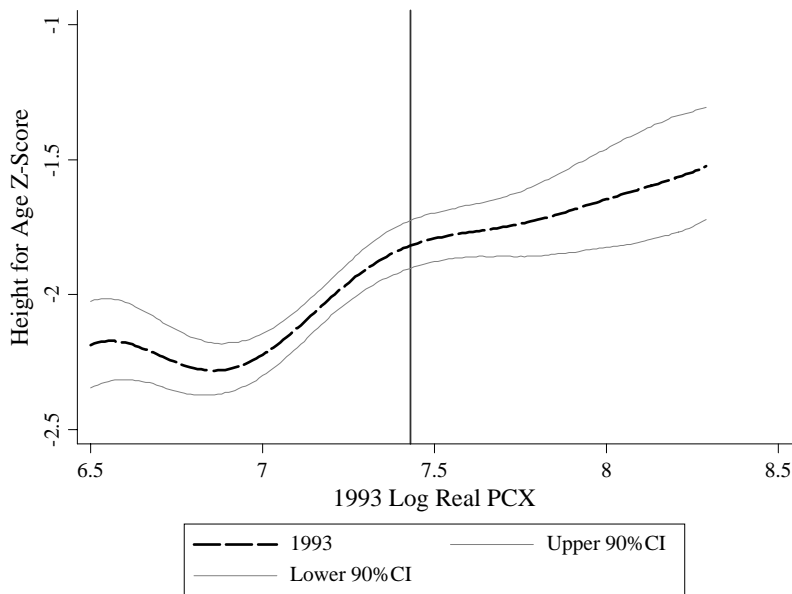
**Figure 1: Log Deflated Per Capita Expenditure Distribution in 1993 and 1998**  
 Nationally Representative Sample



**Figure 2: The distribution of Height for Age Z-Scores in 1993 and 1998**  
 Children under age 10, Nationally Representative Sample

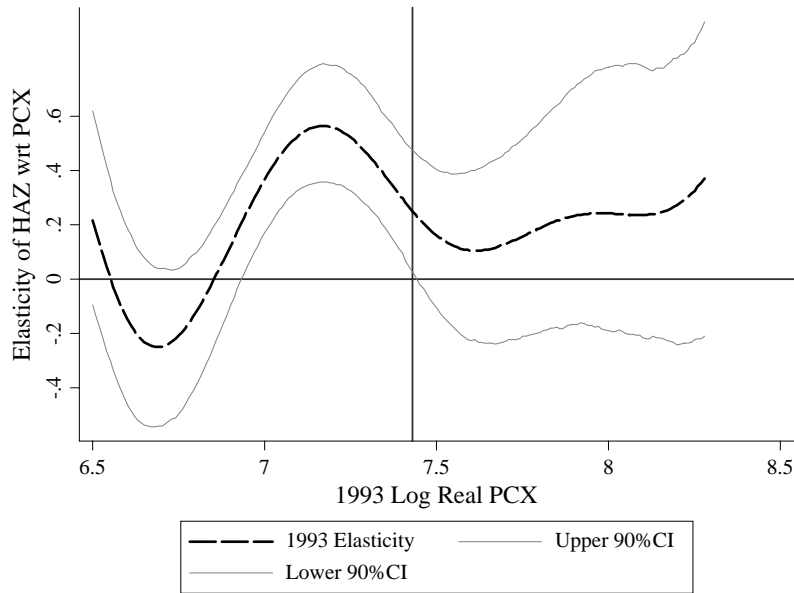


**Figure 3: The Height for Age - Per Capita Expenditure Relationship in 1993 (Baseline) for children under 10 in Panel Households**



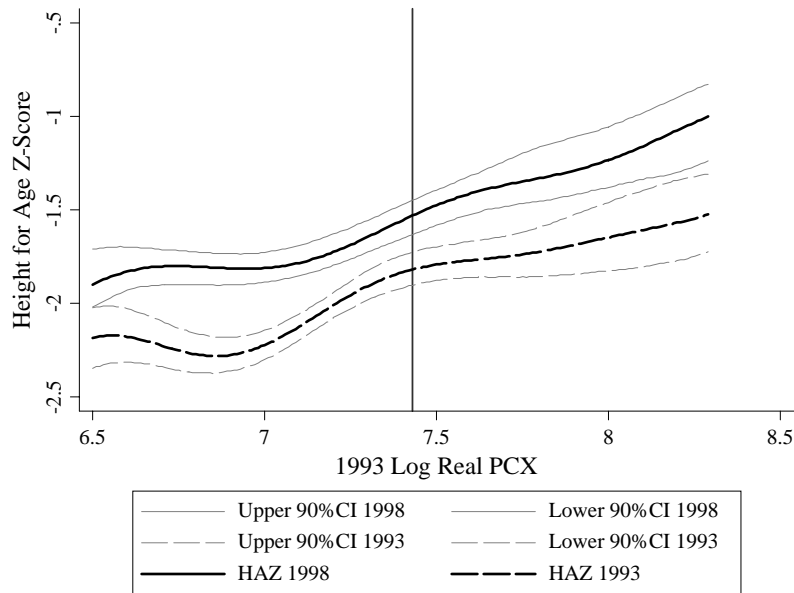
Confidence bands are bootstrap percentiles based on 2,000 replications. The bootstrap replicates the clustered sample design. The vertical line is the official 1993 poverty line.

**Figure 4: The Per Capita Expenditure Elasticity of Height for Age in 1993 from Figure 3**



Confidence bands are bootstrap percentiles based on 2,000 replications. The bootstrap replicates the clustered sample design. The vertical line is the official 1993 poverty line.

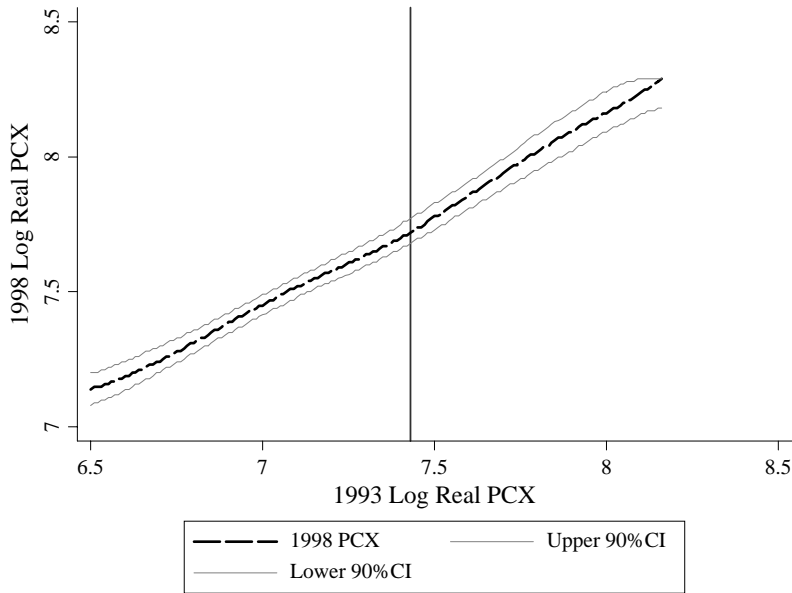
**Figure 5: Improvements in Height for Age between 1993 and 1998 and Per Capita Expenditure in 1993 for children under 10 in Panel Households**



Confidence bands are bootstrap percentiles based on 2,000 replications. The bootstrap replicates the clustered sample design. The vertical line is the official 1993 poverty line.

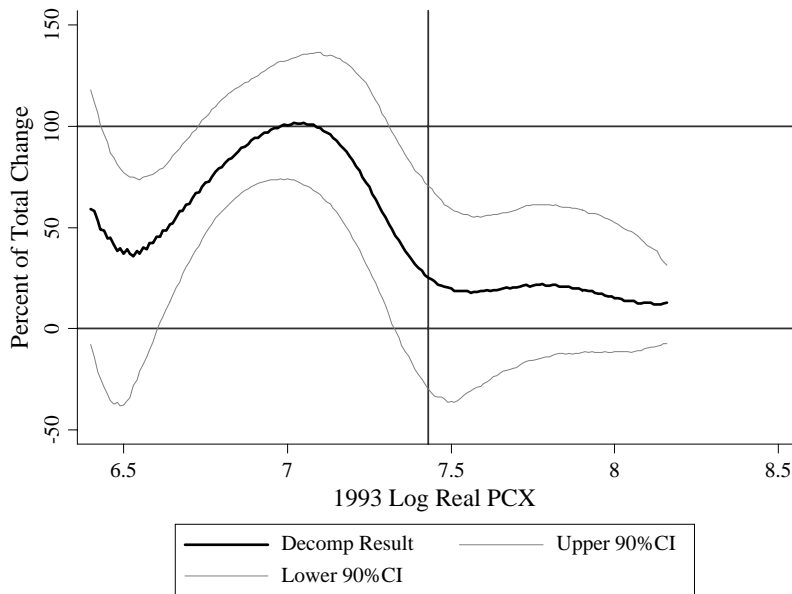
**Figure 6: Economic Status Improvements and the Baseline Per Capita Expenditure Distribution**

Dependent Variable - Log of Per Capita Expenditure in 1998



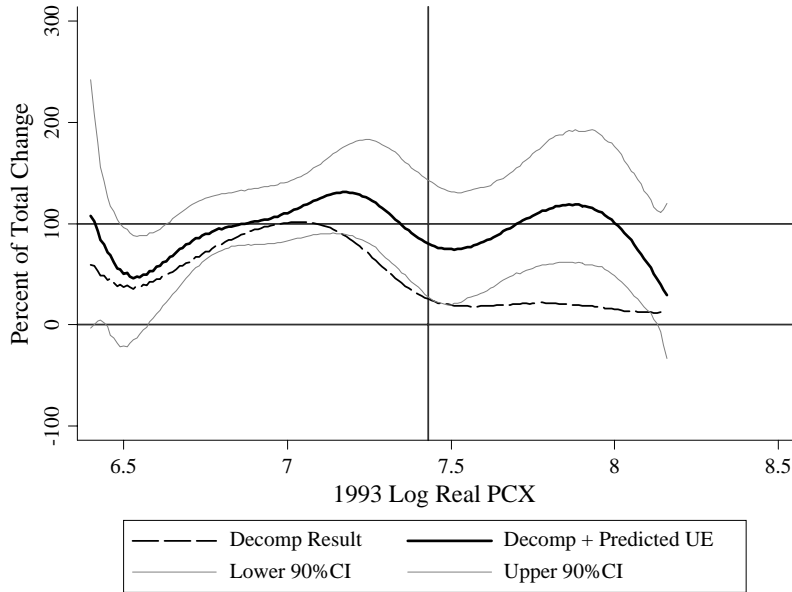
Confidence bands are bootstrap percentiles based on 2,000 replications. The bootstrap replicates the clustered sample design. The vertical line is the official 1993 poverty line.

**Figure 7: Percent of Total Change in Child Height that can be attributed to Improvement in Economic Status, Decomposition Results**



Confidence bands are for the ratio of the predicted change in height for age z-scores to the actual change in height for age z-scores (\*100). Confidence bands are bootstrap percentiles based on 2,000 replications. The bootstrap replicates the clustered sample design. The vertical line is the official 1993 poverty line.

**Figure 8: Percent of Total Change in Child Height that can be attributed to Improvement in Economic Status and Common Community Changes**



Confidence bands are for the ratio of the predicted change in height for age z-scores to the actual change in height for age z-scores (\*100). Confidence bands are bootstrap percentiles based on 2,000 replications. The bootstrap replicates the clustered sample design. The vertical line is the official 1993 poverty line.